

Personal Development Newsletter

What is Personal Development (PD)?

At LAB, our PD curriculum comprises:

- PSHE (Personal, Social, Health & Economic)
- Sex & Relationships Education (SRE)
- Careers education

This content is primarily delivered through assemblies, by tutors during pastoral time, and during LAB Learner lessons for KS3.

Looking back on Module 2

We have had a wide range of assemblies, including external visitors joining us for some of the assemblies. We have covered a wide range of important topics which the students have engaged with well. Here are some highlights...

Add photos

Week Beginning	Module 2 Assembly Rota
3/11	LAB Values <i>British values link:</i> Respect, rule of law
10/11	Remembrance Day <i>British values link:</i> Respect
17/11	Anti-Bullying Week <i>British values link:</i> Respect, tolerance
24/11	National Linguistics Day <i>British values link:</i> Diversity, Equality
1/12	Service in Action - Homestart <i>British values link:</i> Individual liberty & respect
8/12	Human Rights Day <i>British values link:</i> Individual Liberty
15/12	Celebration assembly

Student Government

The school's Student Government has met each week this module where students have had the opportunity to raise motions about what they feel should happen in the school or a wider political issue. For example, after a session-long discussion, the student government voted in favour of adding nets to the football goals in the MUGA on the basis that it would reduce damage to the fences behind them. The student government agreed that it would be necessary to organise a fundraiser to pay for this. The maturity that the students have shown has been impressive. During discussions, members also often refer to points from their classmates, reflecting the importance of their role.

Charity work

Homestart is a Greenwich charity which provides an extensive range of support to pregnant women, children aged 0-5 and their parents and carers. We have chosen to work with Homestart again this year to continue to support local families. We had a non-uniform day, with a focus on wearing Orange & Purple (Homestart's colours) and students brought in items for our Foodbank collection.



LAB 2025 FOOD BANK ITEMS LIST


Donations

Donations list

<u>Acceptable items</u>	Not acceptable items
<ul style="list-style-type: none">• Canned food• Unopened toiletries• Clean board games• Pasta	<ul style="list-style-type: none">• Fresh food• Milk• Sauces• Anything that needs to be refrigerated

BREAKING NEWS

2 MEMBERS FROM 8C ARE RUNNING A MARATHON IN 1 MONTH FOR HOMESTART GREENWICH!



£620 raised
£500 target - 31 donations
23%

Share

Donate now

- Dave Soughen £25 - 22 hrs
- Laura Ruffley £20 - 4 d
- Patricia Slattery £25 - 10 d

Add photos

Clubs and Societies

The culture of clubs and societies here at LAB remains ever strong, students enjoying making new friends, meeting new teachers and being welcomed into new communities.

This term has seen a fantastically wide and diverse range of clubs on offer. Over 330 students have attended at least one club this term, with many children attending multiple clubs per week! Over 100 students have attended at least 10 hours of clubs.

Our Year 7 students in particular have got stuck in learning new skills. Over 17 students have attended AV (Audio Visual) club, over 50 at girls and boys football combined, and over 40 will be part of our upcoming musical.

Students from these extra-curricular clubs have represented our school in a number of fixtures including in Netball, Football and Badminton.

Over 90 students are also working hard to prepare for our 5th School Musical - Grease! Tickets will go on sale in the New Year for our shows playing 4th-6th March.

Below you will see a reminder of all the clubs and societies that were offered in Module 1&2. The timetable for Module 3&4 will be available in LAB Weekly on Friday 19th December.

The graphic is a grid-based timetable for 'Clubs & Societies Module 2' at Leigh Academy Blackheath. It features a light grey grid background with decorative elements like flowers and swirls. The title is at the top center. Below it, four colored boxes represent the days: Monday (pink), Tuesday (orange), Thursday (teal), and Friday (purple). Each box contains a list of clubs and their details. A yellow box at the bottom right contains a reminder to sign up on Bromcom.

Clubs & Societies Module 2

Leigh Academy
BLACKHEATH

Monday

- AV Club - Music Rooms - Open to All
- Netball - MUGA - Open to All
- Volleyball - Sports Hall - Open to All
- Maths Homework Club - c212 - Years 7-10
- Dungeons & Dragons - Library - Open to all (limited numbers)
- DT Club - c014 - Open to All

Tuesday

- Football - Playing Fields - Years 7-10
Week #1- Y7&8 boys and Y7 girls
Week #2 - Y8&9,10 girls and Y9&10 boys
- Chess Club - c102 - Open to All
- English Homework Club - c007 - Years 7-11
- Debate Club - c101 - Open to All
- KS3 Homework Club - c009 - Invite Only

Thursday

- Orchestra - Music Rooms - Open to All
- Musical Theatre - Theatre - Years 7-10
- Football Training - Playing Fields - Teams
- Language LAB - c110 - Open to All
- Badminton Club - Sports Hall - Open to All
- LAB 16 Book Club - LAB16 only
- Art Club - c115 - Open to All

Friday

- Band Club - Music Rooms - Open to All

Please ensure you have signed up to the club you wish to attend on Bromcom, and try your best to attend every single week!

Add photos

Looking ahead to Module 3

Topics covered in the PD programme over the next term are outlined below. This programme is designed to provide students with the tools and knowledge to navigate important aspects of their personal growth, health, relationships, and future careers in a supportive and engaging way.

This module, our focus is on Careers and Digital Literacy. Students will learn age relevant skills during tutor time and throughout assemblies and in-school events. Hopefully, there will be some interesting discussions at home in regard to Careers so we have provided useful links and parental tools that complement these topics. We hope these resources will prove informative for parents and carers and can support conversations at home.

	Module 3 Living in the wider world Careers	Useful links for parents & carers related to the Module 3 PD & Careers programme
Year 7	Career choices and developing teamwork/leadership skills	<ul style="list-style-type: none"> Talking Futures - https://www.talkingfutures.org.uk National Careers Service https://nationalcareers.service.gov.uk <p>Students will continue to have access and engage with Unifrog</p>
Year 8	Digital literacy	
Year 9	Future aspirations and employment and goal setting as part of the GCSE options process	
Year 10	Self-efficacy & Resilience	
Year 11	Staying safe - Online reputation & digital footprints	

Assembly themes for Module 3

Week Beginning	Module 3 Assembly Rota
5/1	Behaviour Assembly
12/1	Enterprise Week Launch
19/1	Student Government Presentation
26/1	Holocaust Memorial Day
2/2	Enterprise Week Review
9/2	Safer Internet Day - Healthy digital engagement and media literacy