

Space for Me



A 6 free week programme offering a safe space and support for children aged 10 - 12 years old who have siblings with SEND, disability and/or a serious health condition.

Sessions will offer siblings a therapeutic space to share their feelings, connect with other children facing similar experiences and explore what they may need.

Sessions are open to children living or attending school in the Charlton & Blackheath areas

Where:

Charlton Family Centre, 41-43 Shirley House Drive, Charlton, London SE7 7EL

When:

4- 5pm beginning on 06/01 - 10/02/2026

Please note: these are not drop in sessions and children need to be referred to project.

Please contact Elaine at Elainebhallapt@protonmail.com for further details on joining the programme



Space for Me



A 6 free week programme offering a safe space and support for children aged 7 - 9 years old who have siblings with SEND, disability and/or a serious health condition.

Sessions will offer siblings a therapeutic space to share their feelings, connect with other children facing similar experiences and explore what they may need.

Sessions are open to children living or attending school in the Charlton & Blackheath areas

Where:

Charlton Family Centre, 41-43 Shirley House Drive, Charlton, London SE7 7EL

When:

4- 5pm beginning on 04/11 - 09/12/2025

Please note: these are not drop in sessions and children need to be referred to project.

Please contact Elaine at Elainebhallapt@protonmail.com for further details on joining the programme

"Play is a child's natural medium for self-expression" — Virginia Axline.

